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## Seattle Fitness

- 7000 SF of interior demolition and fitness center build-out
- All new custom finishes, sandblasted timber columns, shock dampened wood exercise floor and custom reception desk
- New custom glass storefront, reception area, offices, locker rooms, raised floor cardio area, open work-out space, group exercise space and massage room
- Design build mechanical, electrical, plumbing and fire safety systems

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**COMPLETED:**

Summer 2007

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**LOCATION:**

Seattle WA

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**TEAM:**

Client - Seattle Fitness

Architect - NBBJ